

A CO-PUBLICATION
BY THE DEFENDING
CHILDHOOD
INITIATIVE (DCI)
PROGRAM, TOKALA
INAJINYO SUICIDE
PREVENTION
MENTORING
PROGRAM, PIYA
MANI OTIPI, &
RST ALCOHOL
PROGRAM

PROTECT*HEAL*THRIVE

FEBRUARY 2015; VOLUME 1, ISSUE 7

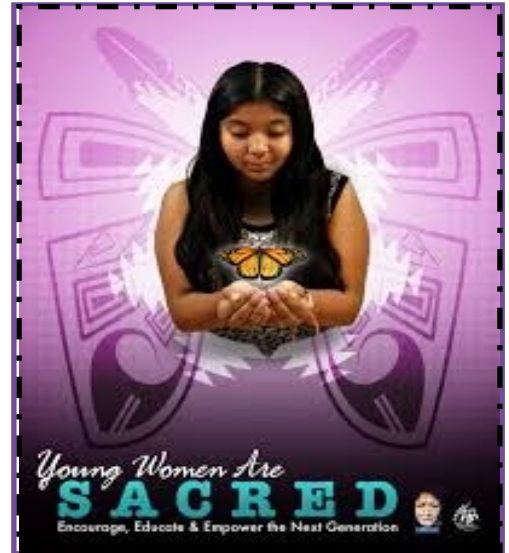
Tanisni Wi—Invisible Moon

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White Buffalo Calf Woman Society and the Defending Childhood Initiative of Rosebud Sioux Tribe brought in silhouettes during grand entry this evening at the annual Sinte Gleska University Founder's Day Pow-wow. They represent the silent witnesses of women and children who have been hurt or died in acts of Domestic Violence.



Lakota Language (Months)

Wetu consists of two months—*Maga Agli W* (geese return moon) and *Canwahpe Nableca Wi* (tree sprouts leaf moon) (March and April)

Ptanyetu consists of two months—*Wahpe Gi Wi* (leaves turn brown) and *Canwahpe Kasna Wi* (Leaves Fall Moon) (September and part of October)

Bloketu consists of four months—*Canwahpe Ton Wi* (Leaves Grow Moon), *Wipazukan Waste Wi* (Ripening of June Berries Moon), *Bloketu Coka Wi* (Midsummer), and *Kanta Sa Wi* (Plum Ripens Moon) (May, June, July, and August)

Waniyetu consists of five months—*Waniyetu Wi* (winter moon), *Wiotehika Wi* (hardship moon), *Waniyetu Coka Wi* (Midwinter), *Wicat'a Wi* (dead moon), and *Tanisni Wi* (invisible moon) (part of October, November, December, January & February)



**Take a
moment
to
celebrate
how
awesome
you are!
Yes,
YOU!!**

*It's all gonna
be O.K.
♥*

Legend of the Dreamcatcher

(Adapted from Lakota Life by Ron Zellinger)

Long ago, when the world was young, an old Lakota spiritual leader was on a high mountain. On the mountain, he had a vision. In his vision, Iktomi - the great trickster and teacher of wisdom - appeared in the form of a spider.

Iktomi spoke to him in a sacred language. Only spiritual leaders of the Lakota could understand. As Iktomi spoke, he took the elder's willow hoop - which had feathers, horse hair, beads and offerings on it - and began to spin a web.

He spoke to the elder about the cycles of life and how we begin our lives as infants. We then move on to childhood and in to adulthood. Finally, we go to old age where we must be taken care of as infants, thus, completing the cycle.

"But," Iktomi said as he continued to spin his web, "in each time of life there are many forces - some good and some bad. If you listen to the good forces, they will steer you in the right direction. But, if you listen to the bad forces, they will hurt you and steer you in the wrong direction."

He continued, "There are many forces and different directions that can help or interfere with the harmony of nature and also with the Great Spirit and all of his wonderful teachings."

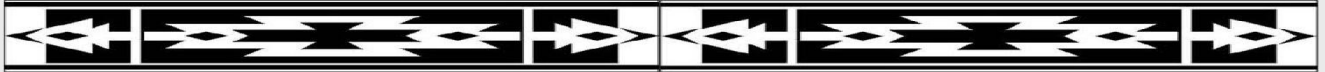
All while the spider spoke, he continued to weave his web ... starting from the outside and working toward the center. When Iktomi finished speaking, he gave the Lakota elder the web and said, "See, the web is a perfect circle, but there is a hole in the center of the circle."

"Use the web to help yourself and your people ... to reach your goals and make use of your people's ideas, dreams and visions. If you believe in the Great Spirit, the web will catch your good ideas, and the bad ones will go through the hole." (Note: Some bands believe the bad ideas are caught in the web and the good ideas pass through to the individual. Either account is acceptable.)

The Lakota elder passed his vision on to his people. Now, the Sioux use the dreamcatchers as the web of their life. Traditionally, it is hung above their beds or in their homes to sift their dreams and visions. Good dreams are captured in the web of life and carried with them ... but the evil dreams escape through the center's hole and are no longer part of them. (Note: Some bands believe the bad ideas are caught in the web and the good ideas pass through to the individual. Either account is acceptable.)

Lakota believe the dreamcatcher holds the destiny of their future.

Taken from: <http://aktalakota.stjo.org/site/News2?page=NewsArticle&id=8820>



Parent Education Seminars

The goal of the Parent Empowerment group is to empower our parents in the program through education seminars. By empowering parents we will empower our families and community!

Schedule :

Each class will be from 1:00—2:00 pm
Defending Childhood Initiative

February 18 —Children’s Exposure to Violence and Effects on the brain

March 18 —Anger Management and Emotional Control

April 15—Coping Skills

May 20—Self Care through Culture

June 17—GED—General Educational Development

July 15—Resume and Job Applications

August 19—Budgeting/Credit Report

September 16—Nutrition and Meal Planning



Brought to you by: Defending Childhood Initiative



YOUTH COUNCIL

Do you have great ideas? Do you enjoy planning events? Do you want to make a difference in your community? Then we are looking for **YOU!**

**February 22, 2015 at 10:00 am @
Mission Boys and Girls Club**

For more information call Tori or Micah at 856-2016 or Anna at 856-4359

Application available in Guidance Office; Pre-work must be completed before first meeting

The Youth Council provides students in grades 9-12 with social activities in a safe and positive environment, while promoting individual self-esteem and leadership through participation in meetings, events and community service projects. *Sign up if you want to make a positive change in your community. Let’s come together and see what kind of difference we can make!*

‘I COME AS ONE, BUT I STAND AS 10,000 TO THE 10TH POWER!’ – Maya Angelou

Brought to you by Defending Childhood Initiative, Teach for America, Domestic Violence Prevention Initiative (DVPI), Tokala Inajinyo Suicide Prevention Mentoring Program, and Boys and Girls Club of Rosebud.

TOKALA INAJINYO

The Tokala Inajinyo Suicide Prevention Mentoring Program held a training on Co-Dependency. The program collaborated with The Domestic Violence Prevention Initiative, Boys and Girls Club of Rosebud and the Piya Mani Otipi Program. The Mentors were dropped off at the Piya Mani Otipi Program and were later transported to the Boys and Girls Club of Mission, SD. The St. Francis Mission Family Recovery presented a full day on Co-Dependency Training. The Mentors really enjoyed it. They later went to see a movie at the Jewel II Theater for an incentive for participating in the full day of training. They were also able to spend the night at the Piya Mani Otipi Program at Bristow Ranch. The Tokala Inajinyo Program had several staff who were peer mentors in the past volunteer to help with the training and are very grateful for their effort!! The next training the Tokala Inajinyo will be hosting will be on "Discovery Dating" on February 21, 2015.



PHOTO CONTEST!!



FEBRUARY IS TEEN DATING VIOLENCE AWARENESS...
We would like to see some create photos on:

"What does love mean to you!?"

- *Create a photo of what love means to you and post it to the "Tokala Inajinyo" Facebook page! You can even send it in a message if you would like!
- *Must be willing to show your work of art to the world! :) We will be posting it to our Facebook page for a positive message!
- *Photo must have a positive message expressing yourself.
- *REMEMBER, love has many definitions, and abuse is not one of them! Love is Respect!
- *Winner will receive a \$10 iTunes giftcard!!
- There will be 4 winners total:
 - 1 male middle school student
 - 1 female middle school student
 - 1 male high school student
 - 1 female high school student

If you have any questions, please feel free to contact Stephanie Antman, (605) 828-8657 or the Tokala Inajinyo Facebook Page (message)

This event is Sponsored by: Tokala Inajinyo Suicide Prevention Mentoring Program (MSPD) and Domestic Violence Prevention Initiative

HEALTHY RELATIONSHIP

Cell phone he uses to tell her he loves her

His favorite place to kiss

The clothing he buys her because he is so generous



Eyes that her boyfriend looks into lovingly

Smile that he loves to see

The hand her boyfriend holds when they go for a walk

UNHEALTHY RELATIONSHIP

Fat lip from when he smacked her for smiling at someone else

The cell phone he got her so he can check up on her constantly

Clothing he allows her to wear



Eye he punched her in for smiling at a friend

Bruise where her boyfriend choked her

The wrist he grabbed when she tried to walk away from him

Teen Violence Can Be...

PHYSICAL: hitting, slapping, punching, kicking

SEXUAL: any unwanted touching or forces you to have sex

FINANCIAL: controlling most or all of the money

SOCIAL: spreading rumors using religion or culture to control

VERBAL/MENTAL: threats, name calling, put downs

Parent Empowerment Group at Todd County High School

The goal of the Parent Empowerment group is to empower our parents and children thereby strengthening our communities through education classes. By empowering parents we will empower our families and community!

Schedule :

Each class will be from **3:15—3:45 pm** (during seminar time)
TCHS Library

February 3—Introductions and Goals of Group

February 17—Children's Exposure to Violence and Effects on the brain

March 2—Traditional Parenting

March 17—Coping Skills for Teen Parents

March 31—Anger Management

April 14—Cultural Teachings

April 28—Budgeting/Credit Report

May 12—Self Care for Teen Parents

May 26—Celebration and Certificates



Brought to you by: Defending Childhood Initiative and Teach for America



Upcoming Activities

DCI Collaborative Body Meeting February 5, 2015

At Sinte Gleska University Multipurpose building — 10 am to 12 pm

Parent Education Seminar for DCI Relatives

February 18, 2015 at 1pm at DCI Office; Topic will be Children's Exposure to Violence

Tokala Inajinyo Training—February 21, 2015

Training topic will be Discovery Dating Curriculum
Drop off at 8:30 am in Mission at Boys and Girls Club
Pick up at 10:00 pm at Mission Boys and Girls Club

Youth Council Meeting—February 22, 2015

10:00 am at Mission Boys and Girls Club; Transportation is available

Illuminatives Assembly

In partnership with Teen Dating Violence Awareness Month

See flyer on page 7 for more information

Resource Fair—March 2015

St. Francis (sponsored by DVPI)

Two Spirit Training—June 10-12, 2015

In partnership with Lesbian, Gay, Bisexual, Transgender (LGBT) Awareness month
Presenter will be Harlan Pruden

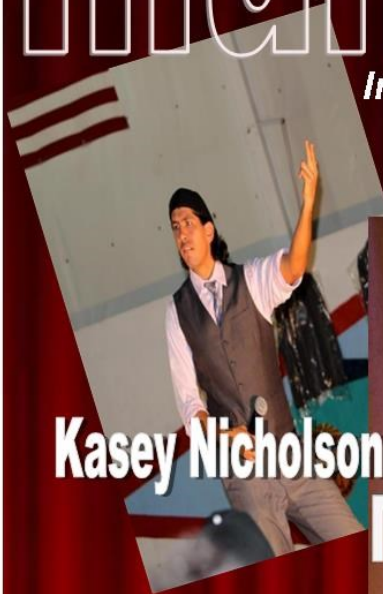
June 10—11 will be for members of the RST Youth Council and the Tokala Inajinyo
Program

June 12th will be for providers, professionals on how to work better with our Two
Spirit Community

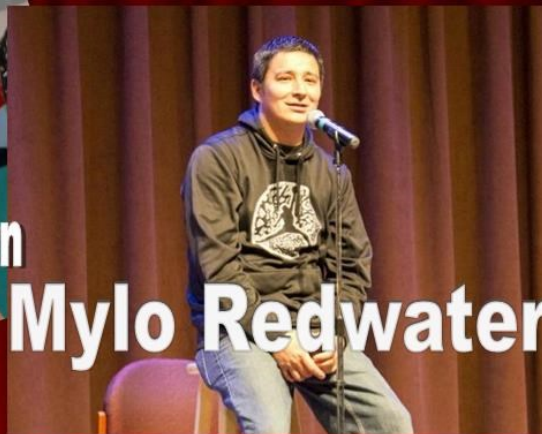
COMEDY EXTRAVAGANZA

Illuminatives

*In partnership with Teen Dating
Violence Awareness Month*



Kasey Nicholson



Mylo Redwater



Donovan Archambault

School Assemblies:

February 24th

White River High School 8:30 am—9:45 am Comedy Show

10:00 am—11:25 am—Workshops 2 for 40 min each

Todd County High School—12:30 pm—2:00 pm Comedy Show

2:10 pm—2:55 pm; 3:00—3:45pm—Workshops—2 for 45 min each

February 25th

St. Francis Indian School 9:00 am—10:30 am Comedy Show

10:35 am—11:25 am; 11:28 am—12:18 pm—Workshops—2 for 50 min each

Workshops will discuss various topics including: Teen Dating Violence, Domestic Violence, Sexual Abuse, Alcohol Abuse. and Youth Empowerment.



A collaborative effort by Domestic Violence Prevention Initiative (DVPI), Defending Childhood Initiative (DCI), and the Tokala Inajinyo Suicide Prevention Program.





THE FACTS ON TWEENS AND TEENS, AND DATING VIOLENCE

While dating, domestic and sexual violence affect women regardless of their age, teens and young women are especially vulnerable. Young people, 12 to 19 years old, experience the highest rates of rape and sexual assault,ⁱ and youth, 18-19 years old, experience the highest rates of stalking.ⁱⁱ Add to that the 15.5 million U.S. children who live in families in which intimate partner violence occurred at least once in the past yearⁱⁱⁱ, and you have a huge number of young people in this country whose lives are affected – sometimes shaped – by violence.

Prevalence of Violence in Tweens

- Approximately one in three adolescent girls in the United States is a victim of *physical, emotional or verbal* abuse from a dating partner – a figure that far exceeds victimization rates for other types of violence affecting youth.^{iv}
- In a national online survey, one in five tweens – age 11 to 14 – say their friends are victims of dating violence and nearly half who are in relationships know friends who are verbally abused. Two in five of the youngest tweens, ages 11 and 12, report that their friends are victims of verbal abuse in relationships.^v
- A survey of 7th graders in a high-risk community found that more than one in three boys (35.2 percent) and nearly one in four girls (24.1 percent) reported being a victim of physical dating violence in the past year.^{vi}
- The same study found that nearly one in four 7th grade girls (24.9 percent) and more than one in five boys (21.2 percent) reported perpetrating physical violence in a dating relationship in the past year.^{vii}
- A small study of middle school Latino youth 11 to 13 years old found that 14 percent of girls and 13 percent of boys disclosed experiencing physical dating violence in the past year.^{viii}
- Boys are more likely to inflict injuries as a result of perpetrating dating violence than girls.^{ix} This trend – where girls slap and push and boys hit and punch – continues into adulthood. Women suffer from much higher rates of domestic violence and incur more injuries. In 2008, the Centers for Disease Control and Prevention published data collected in 2005 that finds that women experience two million injuries from intimate partner violence each year.^x The cost of intimate partner rape, physical assault and stalking is in the billions of dollars.^{xi}

Prevalence of Violence in Teens

- One in three adolescent girls in the United States is a victim of *physical, emotional or verbal abuse* from a dating partner – a figure that far exceeds victimization rates for other types of violence affecting youth.^{xii}
- Nationwide, nearly one in ten (9.4%) of U.S. high school students has been hit, slapped or physically hurt on purpose by their boyfriend or girlfriend in the past twelve months. Overall, the prevalence of dating violence was higher among black (12.2%) and Hispanic (11.4%) students compared to white (7.6%) students.^{xiii}
- Teens in same-sex relationships experience rates of violence and abuse similar to rates experienced by teens in heterosexual relationships. Findings from the National Longitudinal Study of Adolescent Health indicated that nearly one in four teens and young adults (ages 12-21 years) in same-sex romantic or sexual relationships reported some type of partner violence victimization in the past year-and-a-half. One in ten reported experiencing physical violence by a dating partner. Females were more likely to report victimization than males.^{xiv}



- Nearly one in ten 15-year-old girls disclosed experiencing physical dating violence and one in four disclosed experiencing psychological abuse.^{xv}
- Nearly one in three *sexually active* adolescent girls in 9th to 12th grade (31.5 percent) report ever experiencing *physical or sexual violence* from dating partners.^{xvi}
- More than one-third of high school age boys (34.8%) and girls (35.8%) with both-sex partners reported physical dating violence in the past year.^{xvii}
- One in four teen girls *in a relationship* (26 percent) says she has been threatened with violence or experienced verbal abuse, and 13 percent say they were physically hurt or hit.^{xviii}
- One in three teens reports *knowing a friend or peer* who has been hit, punched, kicked, slapped or physically hurt by a partner.^{xix}

School and Academic Performance

- Having been a victim of physical dating violence was significantly associated with lower than average grades and poor school attachment for male and female students in grades 7 through 12.^{xx}
- Aggressive behavior at school during early adolescence predicted future dating violence victimization among 12th graders.^{xxi}

Some Parents Are Out of Touch

- In a 2009 survey of parents, three in four parents say they have had a conversation with their teen about what it means to be in a healthy relationship – but 74 percent of sons and 66 percent of daughters said they have not had a conversation about dating abuse with a parent in the past year.^{xxii}
- Though more than four in five parents (82 percent) feel confident that they could recognize the signs if their child was experiencing dating abuse, a majority of parents (58 percent) could not correctly identify all the warning signs of abuse.^{xxiii}
- In a survey with a representative sample of teens (ages 13-18), nearly half (42%) said their parents know nothing or very little about what they do online.^{xxiv}
- Of teens in an abusive relationships, fewer than one in three (32 percent) confide in their parents about their abusive relationship.^{xxv}
- In a national on-line survey of parents with children 11-18 years old, nearly half (45%) had not discussed dating violence with their children in the past year. Reasons parents did not discuss dating violence with their children included they thought their children were too young to talk about it, they would not know what to say, and their children would learn about it through experience.^{xxvi}



CONTACT INFORMATION

PROGRAMS LOCATED AT OLD BRISTOW RANCH ACROSS FROM JDC.

DEFENDING CHILDHOOD PROTECT HEAL THRIVE

DEFENDING CHILDHOOD INITIATIVES

ROSEBUD, SD 57570-0397

PHONE: 605-856-2016

FAX: 605-856-2444

Services Provided: Child Advocacy, Juvenile Justice
Advocacy, Civil Legal Advocacy, Crisis Intervention, Cultural
Interventions, Education Advocacy, Hospital, Clinic, and Medical
Response, and Transportation

Google Site: <https://sites.google.com/site/defendingchildhoodinitiative/>



TOKALA INAJINYO SUICIDE PREVENTION MENTORING PROGRAM

PO BOX 428

MISSION, SD 57555

PHONE: 605-856-2587

Fax: 605-856-5529

Services Provided: Peer Mentor Training, Training in Anger Management, Moral Reconciliation Therapy, American Indian Life Skills, Behavioral Health Education and QPR, all for youth and adults. Also collaboration with different programs to make Prevention work possible.



RST Alcohol Treatment Program

PO Box 348

Rosebud, SD 57570

Phone: 605-747-2342

Fax: 605-747-2111

**Services Provided: Alcohol and Drug
Assessment, Adult Outpatient Treatment,
Adult Inpatient Treatment, and Aftercare.**



Piya Mani Otipi Program

PO Box 428

Mission, SD 57555

Phone: 605-856-5528

Fax: 605-856-2527

**Services Provided: Alcohol and Drug Assessment,
Youth Outpatient Treatment, Youth Intensive Out-
patient Treatment, Drug Testing**



WEAR ORANGE

The National Youth Advisory Board is organizing an orange-out on **February 10, 2015** to raise awareness of dating violence. ***Wear your orange shirts, pants, necklaces, backpacks, shoes – the more, the better.***